# **Behavior Analysis Interview Guide**

These sample questions will help you and the youth identify patterns to his or her high-risk situations.

#### Who was with you?

Do these people typically "talk" you into engaging in criminal behavior? Does being around them influence you to think about committing a crime?

Do they frequently engage in criminal behavior themselves?

Were you in conflict with the person or persons before the behavior?

Do they "reward" you for engaging in crime (acceptance, verbal praise, money)?

Do they "punish" you for responsible behavior (making fun of you, not wanting to be around you)?

#### Where were you?

Have you gotten into trouble in that place (or one similar to it) before? Are there often people there that get into trouble with you? Does illegal activity take place there?

Is this a place that presents opportunities for you to engage in crime? Is this a place that triggers thoughts or feelings that are high-risk for you?

## What was the initiating event?

What one thing happened that led you to say to yourself, "I'm doing it" (point of no return/tipping point)?

What were you telling yourself that made the behavior okay?

## Things:

What things were present when you got into trouble? Have these things been present before when you got into trouble?

## Physical signs:

Just before you decided to engage in the behavior, how did you feel physically (heart racing, sweaty, fidgety)?

### **Emotional signs:**

Just before you decided to engage in the behavior, how did you feel emotionally (angry, excited, nervous)?