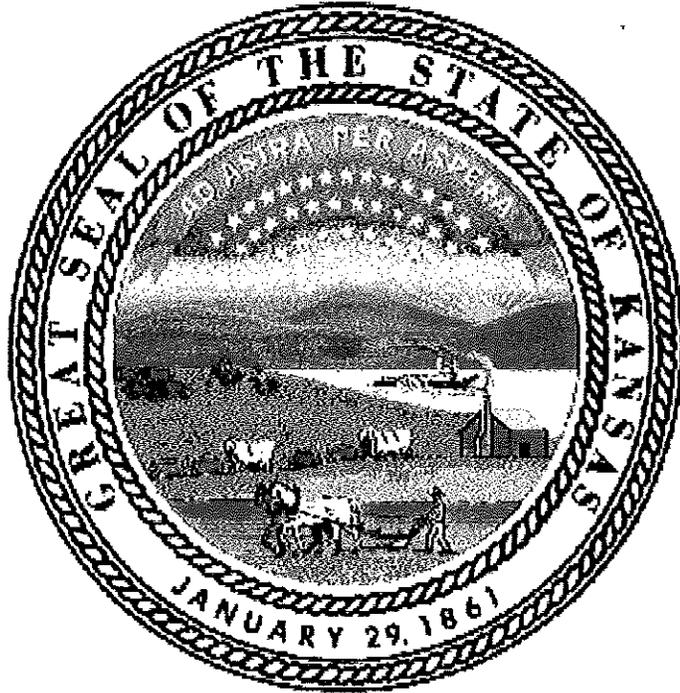


# Youth Center at Larned



---

## Annual Report

---

**fiscal year 1997**  
**July 1, 1996 - June 30, 1997**

**leo Herrman, Ph.D.**  
**Superintendent**

## INTRODUCTION

The Youth Center at Larned concludes its last year as a Youth Center under the Department of Social and Rehabilitation Services. Beginning with Fiscal Year 1998, the Youth Center will become the Larned Juvenile Correctional Facility under the newly created Juvenile Justice Authority. The Youth Center enthusiastically looks forward to this change, as it joins with many other state agencies and entities beginning a new era of service to the State of Kansas as ushered in by the Juvenile Justice Reform Act of 1996.

Fiscal Year 1997 has been a busy year for the Youth Center with dramatic changes in leadership, programming, and preparations for transfer to the Juvenile Justice Authority. In August 1996, it was my distinct honor to assume the position of Superintendent of the Youth Center at Larned. I was fortunate to take the helm of an agency with staff dedicated to meeting the needs of the state's consumers and to have such quality staff.

Fiscal Year 1997 saw the revamping and improvement of the resident behavior management system and program delivery. Via input from all staff, goals and objectives were developed to compliment the Youth Center's new mission in the Juvenile Justice Authority with heightened emphasis on safety and security, as well as offender responsibility and accountability. A special behavior unit was initiated for offenders identified as violent, escape risks, or in need of psychiatric care. This unit, along with other changes in policy and philosophy regarding the management of offenders, has realized a dramatic decrease in assaultive behavior on the part of offenders.

This report is distributed to state administrators, local officials, and interested citizens to assist them in understanding the trends in the delivery of juvenile correctional services at the Youth Center at Larned. Readers who have specific questions or want further information are encouraged to contact me at (316) 285-4933, or write me at Larned Juvenile Correctional Facility, RR#3, Box 89, Larned, Kansas 67550.

*LEO HERRMAN, Ph.D.  
Superintendent*

## MISSION STATEMENT

It is the mission of the Youth Center at Larned, soon to be known as Larned Juvenile Correctional Facility, to promote public safety, hold offenders accountable for their behaviors, and improve the offenders' ability to live more productively and responsibly in the community.

- ▶ Public safety will be maintained by confining offenders in a structured and secured environment based upon their ability to control their behavior and which prevents unlawful transgression on the part of offenders directed toward persons or property at the Youth Center, Larned State Hospital, and local community. Additionally, no offender is released who is judged to be an imminent danger to others in the community, and placement options are selected based on their ability to provide supervision, and control of the offender. Proper public notices are given when appropriate.
  
- ▶ Offenders will be held accountable for the offending behavior which resulted in their commitment to a Youth Center by enforcing a policy which correlates length of stay with the severity level of the offenders' criminal activity. Lengths of stay and releases will be sensitive to the concerns of the committing communities, courts, social agencies, and victims. Youth Center programs will emphasize restitution to victims, acceptance of responsibility for delinquent acts, and victim awareness.
  
- ▶ Youth Center programing will seek to instill in offenders, behaviors of good citizenship through the teaching of pro-social skills, educational and vocational competency, sound decision-making, and values which respect the rights and property of others.

## **BUSINESS ADMINISTRATION**

Business Services continued providing financial management of State General Funds, and monitored the use of other funding sources, including monies from Independent Living Skills, Chemical Dependency Services grant, Work Therapy (non-appropriated), Resident Benefit (non-appropriated), and State Department of Education School Lunch Program.

For FY 1997, budgeted monies were adequate for funding salaries and wages, and normal operating expenditures. Monies were provided to prepay one-half of the expense of our upcoming ACA survey. We were able to offer compensatory time and holiday time payouts, as well as provide the option of pay for most holidays throughout the year. In addition, we purchased computers and network equipment, program-related books and materials, security/restraint equipment, gowns and blankets, activity therapy equipment, training-related materials, and a new vehicle. Office areas were expanded to the third floor of Gheel Building, and we equipped the area with needed office equipment and supplies.

The Youth Center at Larned continued to contract with Larned State Hospital (LSH) for services including Accounting, Purchasing, Engineering, Fire-Safety, Security, Dietary, Laundry, medical services, and an on-campus educational program. Business Services works with all departments of LSH as related to business functions, and much effort was expended throughout the year to promote continual positive working relationships between the two state agencies.

During FY 1997, the Business Administrator was the liaison between YCAL and the LSH Personnel Department. Business Services staff worked closely with LSH Personnel staff regarding such matters as position vacancies, advertising and hiring, reclassifications and backfills, pay plan information, and employee benefits. Business Services staff helped provide in-services for YCAL staff as Personnel systems/information/regulations changed, and helped assure timely and appropriate processing of all personnel and payroll functions and activities.

Towards the end of the year, we started adjusting procedures as YCAL transferred from SRS to the Juvenile Justice Authority, and started establishing a separate Personnel Department.

**MARYLOU ANDREWS**  
*Business Administrator*

## STAFF DEVELOPMENT AND TRAINING

The Staff Development Department is responsible for ensuring both new and existing employees are adequately trained to perform their jobs in an effective manner. The department is staffed by a full-time Staff Development Specialist I, who ensures that all employees are properly trained in accordance with the Department of Social & Rehabilitation Services, the State of Kansas, and American Correctional Association policies and standards. The Staff Development Department works closely with all departments to identify and generate training that will improve the overall performance of each employee. These various departments are very instrumental in the overall success of an effective training program. Their dedication, skill, and enthusiasm create an atmosphere of teamwork and commitment.

The Youth Center at Larned has a 40-hour minimum annual training requirement for all staff (clerical staff must complete a minimum of 16 hours to meet their annual requirement).

The 120-hour YSS Basic Staff Training was offered four times this year and had 23 trainees in attendance. All mandated training was completed this year to meet training requirements for an efficiency rate of 97%.

Training of staff is a very important aspect of the overall mission at the Youth Center at Larned, and a responsibility the Staff Development Department takes very seriously. Constant application of new knowledge enables employees to improve working skills and perform their work in a knowledgeable and professional manner. This department is constantly striving to improve and provide quality training programs.

**LARRY PARSONS**  
*Staff Development Specialist I*

## PSYCHOLOGY DEPARTMENT

During the year . . .

The following number of tests were administered:

390 Beck Depression Inventories	5 WAIS-R
390 Beck Hopelessness Scales	1 WISC-III
315 Shipley Institute of Living Scales	3 Suicide Probability Scales
317 Tennessee Self Concept Scales	0 Multidimensional Depression Inventory
317 House/Tree/Person Tests	2 Jesness Inventories
303 MMPI-A's	

311 psychological evaluations were written and distributed.

126 different residents were on some form of suicide precaution (this number does not reflect offenders who were placed on precautions on multiple occasions).

At the beginning of the year, a new short-term program format was initiated, which resulted in the changing assignments of the three staff psychologists. As part of the change in programming, the WAIS-R and WISC-III were replaced with the Shipley Institute of Living Scale. This test can be administered in a group format and will require less time to administer than the WAIS-R and WISC-III. All psychologists taught psycho-educational skills classes on their respective units and facilitated groups during weekdays, evenings, and weekends.

As part of Staff Development and New Employee Training, the Chief Psychologist, Don Crouse, taught classes on Human Growth and Development, Counseling Techniques, Defense Mechanisms, ART, MAB, Suicide Prevention/Warning Signs, and Dealing with Youth. Lisa Ochs, Psychologist I, taught classes on Suicide Prevention/Warning Signs, and ART, and Tobin Wright, Psychologist I, taught classes on Interpersonal Communication and ART.

During March, the Psychology Department began the process of adapting some procedures for dealing with suicidal offenders that are currently used by the other youth centers. Psychologists traveled to the Youth Center at Atchison to directly observe how they implement their procedures.

During the upcoming year, the Psychology Department will be working to develop/adapt escalation and de-escalation forms that the YSS staff can complete to assist the psychologists with assessing the offenders for suicidal potential. The department will be adapting a "suicide contract" utilized by the Youth Center at Topeka. Work will also begin on developing an easy method of assessing new admissions that can be completed within the first hour a resident is at the Youth Center at Larned.

**DON CROUSE**  
*Chief Psychologist*

## SOCIAL WORK DEPARTMENT

### STAFFINGS

Type	Number	Family Involvement	SRS Involvement**
Admission	385	n/a	n/a
Initial	302	160 (53%)	156 (52%)
180-Day	12	5 (42%)	7 (58%)
Pre-Release	345	228 (66%)	206 (60%)
Totals	659*	393	369

\* (Does not include Admission staffings.)

### Breakdown by office and number of staffings participated in this year:\*\*

Barton	6	Independency	1	Republic	1
Belleville	1	Iola	1	Rice	2
Butler	11	Johnson	16	Riley	5
Chautauqua	1	Kiowa	3	Saline	2
Cherokee	1	Labette	4	Scott	2
Coffeyville	2	Lyon	9	Sedgwick	70
Dickinson	5	Miami	2	Seward	15
Douglas	4	Montgomery	5	Shawnee	15
Finney	11	Ottawa	2	Sumner	9
Finney (KCSL)	1	Parsons	3	Syracuse	2
Ford	11	Pittsburg	1	Thomas	2
Franklin	1	Pratt	1	Winfield	16
Geary	7	Rawlins	1	Wyandotte	22
Harvey	8	Reno	19		

### Breakdown by Unit

Unit	Number	Percentage of Total	Monthly Average
Allen	126	19	10.5
Sellers (C. Cooper)	110	17	9.2
Sellers (S. Jones)	102	15	8.5
Meyer-East	34	5%	2.8
Meyer-West	287	44%	23.9

**Breakdown by Social Worker**

(February through June '97 only) (Total for this period: 278)

Social Worker	Number	Percentage of Total	Monthly Average
Marilyn Fronk	31	11%	6.2
B. Zimmerman	12	4%	2.4
Cathy Cooper	40	14%	8
Sheila Jones	41	15%	8.2
Tana Clark	66	24%	13.2
Nicole Broils	109	32%	22.5

**PROGRAM NOTES**

All admissions were completed by the Program Support Worker on the Orientation Unit. All Initial staffings were attended and written by the Social Worker assigned to the Meyer East Unit. A temporary Program Support Worker was hired from February to May, who wrote all staffings for the Allen unit and at least one day per week for the Initial staffings, and helped with Admission notes/meetings. A new social work position will be added and assigned to two offender groups on the Allen unit and to the RSAT program.

**COMMUNITY CONTACTS**

This year, family contacts averaged 95% per month, and SRS contacts averaged 97% per month. These contacts have occurred through letters, phone calls, Program Planning Conference meetings, and personal visits. Family contacts are generally completed by the assigned Group Leader, and contacts with SRS are completed by Social Worker assigned to each unit.

**AFTERCARE REFERRALS**

Sedgwick County Youth Project	25	New Frontiers	0
Focus on the Future	3	CETU	11
Associated Youth Services	15	Community Corrections	186
Job Corp	11	Interstate Compact	10
Foster Care Through the Community	7	Group Home	5

**RELEASES (Reported January through June only)**

Type	Number	Percentage
Extended Temporary Visit	16	10%
Conditional Release	75	45%
Discharge Direct	75	45%

**RELEASES (Reported January through June only)**

Unit	Number	Percentage
Allen	63	38%
Sellers (C. Cooper)	41	25%
Sellers (S. Jones)	53	32%
Meyer-East	6	4%

**MARILYN FRONK**  
*Social Work Supervisor*

## **YOUTH SERVICES DEPARTMENT**

The Youth Services Department represents the largest department within the Youth Center. This department provides direct care for the youth offender and is primarily responsible for the youth's security as well as the supervision, escorting, and transporting of the offenders to all on-campus activities, as well as to off-campus appointments.

The department consists of the Youth Service Director, two Youth Service Specialist-III Shift Managers (one for the 2-10 p.m., and one for the 10-6 a.m. shifts), 12 Youth Service Specialist-II's, 60 Youth Service Specialist-I positions, assigned to three 8-hour shifts on two multistory living units (Allen/Sellers), and two single-story, partially fenced security units (Meyer East/West) at the Youth Center at Larned.

During the fiscal year, a total of 24 Youth Service Specialist Trainees were hired. While in the same time frame, 12 staff either resigned or were terminated from employment. A total of three staff applied and were accepted in vacant positions outside of the department.

Staff vacancies and training, combined with offender related activities such as transporting to/from off-campus appointments, and to other facilities/placements have resulted in staff accruing a total of 3,062.70 hours (straight time), or the equivalent of 382.84 shifts, in order to provide the Youth Center with adequate coverage and security. The Youth Services Department worked a total of 34,040 hours, or the equivalent of 4,255 eight-hour shifts, with a total of one incident which lead to the planned escape of three residents and a serious assault on a staff member. Unit staff coverage was in compliance 99.6% of the assigned shifts.

The department this year has had its share of ups and downs largely due to some major shifts in the facility's programming and some changes in supervision. We still have been very fortunate to continue to acquire several excellent staff and our staff injuries, during the last half of the fiscal year, have shown a marked decline. Total reported staff injuries for the year was 39, of which 34 were offender-related, with a total of time loss 170.75 hours--a decline of 14.28%. Last year, there was 42 offender-related injuries, with a total of time loss of 200 hours.

**STEVE CROCKETT**  
*Youth Service Director*

## CHEMICAL DEPENDENCY PROGRAM DEPARTMENT

The Chemical Dependency Program of Youth Center at Larned has undergone many changes in the past year of operation. As of July 1, 1996, the Orientation Unit opened on Meyer West building. All offenders (new admission and returnees with new charges) were administered a drug/alcohol evaluation consisting of clinical testing and interview to assess level of chemical abuse/dependency. All offenders in Orientation are expected to successfully complete nine hours of Substance Abuse Education, before being referred to other units. Based on the individual's assessment needs, referrals were made to Relapse Prevention Group, Co-Dependency Group, and Money Addiction Group. Continuing Care (Case Management) needs were also addressed and many offenders received assistance from the YCAL Case Manager, upon their return to their home community.

The Chemical Dependency staff from July 1, 1996 to December 15, 1996, consisted of the Chemical Dependency Recovery Program Director and the Case Manager position, funded by ADAS through Sunrise, Inc., as the grantee. In December 1996, a full-time position was obtained through the State for a Chemical Dependency Counselor. This position allowed for considerable enhancement of existing services for the offenders at Larned. Individual Chemical Dependency Counseling became an option for those youth who could benefit from one-to-one services.

In February 1997, the Youth Center at Larned was chosen as the site for a federally funded Residential Substance Abuse Treatment for State Prisoners Program. The Department of Justice awarded in excess of 90 million dollars to help states provide drug testing and treatment of offenders. The grants awarded through these programs are authorized by President Clinton's 1994 Crime Law. The Youth Center at Larned has been awarded \$700,000.00 to provide the Residential Substance Abuse Program (RSAT) programming for violent male juvenile offenders from the Atchison, Topeka, and Larned Facilities, who are assessed as having severe chemical dependency needs. The target population will be violent offenders on the last half of their length of stay. The RSAT program is a minimum of six months and a maximum of 12 months. The average length of stay will be six to seven months, with the offender being released on a Conditional Release from Larned. There will be an additional six months of Intensive Case Management provided by RSAT staff working in cooperation with Community Corrections staff.

The RSAT program will be housed on the Meyer West Unit, which has a security fence. On-unit school will be available, as well as the main campus school, Westside School. We are estimating that 50% of the RSAT population will attend the on-unit school, due to offense severity level and other security risks involved.

The grant has provided for five Chemical Dependency positions, two Chemical Dependency Counselors, one Case Manager, one Program Support Worker, and one Office Assistant II, all of which will be supervised by the Chemical Dependency Recovery Program Director. The two Counselors shall work 1:00 to 9:30 p.m., and thus provide evening therapy groups. There will be rotation through the weekend to ensure counselor coverage on Saturdays and Sundays. Family visits will be directly supervised by RSAT staff.

The RSAT program will not change chemical dependency classes/groups, currently available to the offender at YCAL; Money Addiction, Co-Dependency, and Relapse Prevention Groups are available to all who are assessed to have those needs. Substance Abuse Education Class will be part of the Orientation Phase. Managed Care Assessments shall also continue to provide treatment in options available in the community.

Mainstream, Inc., of Topeka, has been selected to do the Program Evaluation piece of the RSAT Grant. They are contracted by the National Institute of Justice (NIJ). The YCAL/RSAT program shall work in close cooperation with them in the collection of data to measure the effectiveness of programming in relation to recidivism and relapse rates.

Through Alcohol/Drug Abuse Services of Kansas, Inpatient Drug/Alcohol Licensure shall be obtained. Funding exists through three sources:

1)	ADAS #6434 (\$11,075) for Continuing Care Services	
-	Halfway houses, recovery houses, extended care services	\$1,500.00
-	Outpatient Counseling	900.00
-	Supplies (books, video - including informational material to be given to families of offenders)	745.57
-	SASSI testing material	2,744.00
-	UA (Roche) Equipment	1,533.85
-	FAS material	151.75
	<b>TOTAL</b>	<b>\$7,575.17</b>
2)	Federal Grant - RSAT Program	
3)	Sub-grantee of Sunrise (\$35,000.00)	
-	Case Manager position and travel expenses	

**CASE MANAGEMENT PROGRAM**

**Community Based**

-	Offender Counseling (117 contacts)	205.5 hours
-	Family Counseling (27 contacts)	34.0 hours
-	Group Counseling in Placements (24 contacts)	32.5 hours
-	Counselor/Community Corrections Police and Community Police (13 contacts)	21.0 hours

**In-House Youth Center at Larned**

-	Substance Abuse Education Program	16.0 hours
-	Positive Peer Counseling (groups)	70.0 hours
-	Therapy Groups	30.0 hours
-	Individual - Case Management Counseling	281.0 hours
	<b>TOTAL</b>	<b>690.0 hours</b>

(Average of 57.5 hours per month, for 12 month period ending June 30, 1997)

## Managed Care Assessments Resulting in Community-based Treatment

-	<b>Outpatient</b>	5 offenders placed
-	<b>Inpatient</b>	
-	Parallax	1 offender placed
-	New Chance	3 offenders placed
-	Recovery Service Council (Adult)	2 offenders placed
-	Recovery Adolescent Program	4 offenders placed
-	ACT, Olathe	3 offenders placed
-	<b>Halfway Houses</b>	4 offenders placed
-	<b>Job Corps</b>	1 offender placed

Eighteen more offenders have been currently assessed by Managed Care and are scheduled for treatment.

### Orientation Unit

-	Completed Substance Abuse Education Course	313 offenders
-	SASSI's were administered	313 offenders
-	Initial Staffings completed by CDRP staff	313 offenders

### Conditional Release Revocations . . .

-	were due to "dirty" UAs	48%
-	have past assessments indicating chemical dependency	49%
-	have past assessment indicating chemical abuse	40%
-	have past assessment indicating family history of substance abuse	47%
-	have past assessment of selling drugs and weapons	38%

### Chemical Dependency Groups

-	Money Addiction Group	81 offenders participated
-	Relapse Prevention Group	84 offenders participated
-	Co-Dependency Group	49 offenders participated

### Individual Counseling Services

67 offenders received

### Training

CDRP staff provide 12 hours of in-service training to YCAL staff.

### Goals met from Previous Year

- Improved communication between Chemical Dependency Department and other disciplines.
- Follow-up forms developed to be completed through Case Management Program to evaluate the YCAL/RSAT program in terms of recidivism and relapse behaviors.

**Goals for Coming Year:**

- First year of the RSAT Program - Collection of wide range of data to evaluate treatment/post release Case Management effectiveness.
- Review and update of Chemical Dependency Department Manual to reflect the addition of RSAT Program.
- Obtain ADAS Alcohol/Drug Inpatient Licensure.
- Implementation (pending ACA approval) of Dr. Ken Blum's Research Proposal.

***ALICE HOLOPIREK***  
***Chemical Dependency Recovery Program Director***

## LIVING SKILLS DEPARTMENT

The Living Skills Budget for 1997 was \$2,000.00. Funding provided for the following:

Groceries for Class	\$ 878.25
Videos and Work Books	\$1,036.88
Dual Cassette Deck	\$ 66.93

Living Skills classes were provided on Allen, Sellers, and Meyer West; 302 offenders completed the Living Skills class this fiscal year.

All department members continue to serve as Group Leaders and Treatment Team Leaders at the Larned Facility. Jay Haremza serves as a member of the KQM Team, while Brent Waters serves as the supervisor of Clothing Supply. The department is also assisting with Anger Control Groups and Skill Streaming classes. During this year, Rich Ward turned in his resignation and Rachel Perez was hired.

On June 25, 1997, the department held a retreat and established goals and objectives for the following fiscal year:

- ▶ All department members serve as Group Leaders. In this position, staff will be responsible to . . .
  - hold offenders accountable for assaultive behaviors,
  - report pertinent information to provide security necessary to avoid escapes, and
  - hold offenders responsible for restitution in the community.
  
- ▶ Improve offenders' ability to live productively and responsibly in the community by . . .
  - providing classes in job search, money management, apartment living, transportation, and nutrition;
  - teaching Skill Streaming cognitive skills to promote pro-social skills;
  - teaching Anger Control to promote good decision making skills;
  - teaching Moral Reasoning to provide the opportunity for offenders to look at their values, enabling them to learn to respect the rights and property of others;
  - holding Victim Groups to provide opportunity to develop empathy for people they have victimized; and
  - holding a Release Group three weeks prior to release to summarize offenders' stay and make final plans for release.

**TOM SNYDER**  
*Independent Living Skills Coordinator*

## VOCATIONAL INDUSTRIES DEPARTMENT

The paid work program is under the direction of the Vocational Industries Department. Staffing for FY 1997 was one supervisor (Client Training Supervisor), two permanent Rehabilitation Instructors, and one Special Project position of Rehabilitation Instructor.

The paid work program utilizes state funding for the positions. This provides offenders an opportunity to gain work experience while earning at least minimum wage per hour. Areas utilized are located on the Larned State Hospital campus and funded by the LSH Work Program. These areas are the main Cafeteria, Jung Cafeteria, Housekeeping, YCAL Workshop, and other areas as available. Monies earned by offenders may be used to pay court-ordered restitution, for personal needs, or build savings for expenses when leaving YCAL.

A very important segment of the Vocational Industries Program is "Productions Unlimited," which is directly supervised by a Rehabilitation Instructor. This consists of a wood shop, which constructs decorative wood items for the wholesale/retail market. The wood shop also works in conjunction with Westside School on a trainer/trainee program, with the Special Project Rehabilitation Instructor conducting the class, and academic supervision by a Westside School certified teacher.

Throughout the school year, 96 offenders worked 4,420.6 hours and produced products valued at \$13,445.00. The program continues to be affiliated with a local business for a product outlet. Proceeds from "Productions Unlimited" sales are used to purchase supplies and equipment necessary to maintain the program.

### Goals for the upcoming year

- Establish a working relationship with two more retail outlets for decorative wood items produced by YCAL Vocational Industries "Productions Unlimited."
- Increase production of decorative wood items.
- Increase job opportunities for YCAL offenders.

### Statistics

- Offender Hours Worked	21,897
- Offender Wages Earned	\$99,163.16
- Offender Workers	347

**TOM SELTMANN**  
*Client Training Supervisor*

## MEDICAL SERVICES

Medical services are provided to the offenders of YCAL through a contractual agreement with Larned State Hospital. All medical services provided, including physical, mental, surgical, and dental are ultimately coordinated by the Larned State Hospital Clinical Director. The Clinical Director has appointed the Assistant Clinical Medical Director to be responsible for the health care services provided to YCAL residents.

Larned State Hospital, per contractual agreement, provides YCAL with dental services, laboratory, pharmacy, x-ray, EEG/EKG and physical therapy services. Referrals to community specialists are arranged by the Assistant Clinical Medical Director when necessary. Emergency Room services are available through Central Kansas Medical Center, St. Joseph's Campus in Larned; ambulance service is provided by Larned Ambulance Service.

The medical staff of the Youth Center at Larned include the Medical Services Supervisor (RN III), Unit Nurse (RN III), and a Program Support Worker. Medical care is coordinated through direct contact with the physicians and/or registered nurses, per authorized protocol and following YCAL policies and procedures.

Youth Service Specialists provide medical assistance to YCAL offenders following the successful completion of the Medical Aspects Section of their training. They must be certified in American Red Cross CPR and First Aid. (Authority is given by Senate Bill 151, amendment to the Nurse Practice Act, which allows a registered nurse to delegate tasks to qualified persons.)

### Community Referrals

The following community referrals were used for YCAL offenders during Fiscal Year 1996-1997:

Orthopedic	28	Ear, Nose, & Throat	5	Podiatrist	5
Medical Consultant	13	Dentist	2	Dermatology	3
Orthodontist	5	Hand Specialist	4	Emergency Rooms	21
				Surgeries	6

### Diagnostic Testing

▶ MRIs	2
▶ CT Scans	4

Hospitalizations            5

Psychiatric Evaluations	29
Suicide Attempts	14 (with one death)
HIV Tests	24
DNA Tests	1
INH Therapy	6
Sickle Cell Trait	7
CETU Referrals	7

### Psychotherapeutic Medications

<u>Month</u>	<u>Pop.</u>	<u># of Offenders on Medications</u>	<u># of Meds</u>	<u>% of Total</u>
<b>1996</b>				
July	113	25	37	.. 22%
Aug.	113	24	34	.. 21%
Sept.	126	24	33	.. 19%
Oct.	121	26	33	.. 22%
Nov.	124	22	29	.. 18%
Dec.	119	28	39	.. 24%
<b>1997</b>				
Jan.	121	27	38	.. 22%
Feb.	120	27	45	.. 23%
Mar.	125	27	43	.. 22%
Apr.	133	23	36	.. 17%
May	127	21	32	.. 17%
June	120	18	26	.. 15%

There was a significant drop in the percentage of overall population on psychotherapeutic meds, from a high of 24%, December 31, 1996, to a low of 15% on June 30, 1997. Meyer East also saw a significant drop from 50% of their total population of Meyer East on medication June 30, 1996, to 16% on June 30, 1997.

### Chronic Conditions

Tourette's Syndrome	1	Hypothyroidism	1
Epilepsy	1	Herpes	1
Epistaxis	1	Raynaud's Disease	1
Narcolepsy	1	Retinal Disease	1
Scheuermann's Disease	1	Glaucoma	1
Rheumatoid Arthritis	1	Chronic Back Pain	3
Migraines	2	Metal Plate (arm)	1
Diabetes	2	Metal Plate (ankle)	1
		Asthma	34

### Milestones

- 1) The medical protocols are in place and are used daily by YCAL nurses. It is hoped the YSSs are taking advantage of the additional information they provide.
- 2) We continue to have an excellent working relationship with Larned State Hospital Clinical areas and Central Nursing Office. We are very fortunate to have these services available close at hand.
- 3) Dr. Thai has moved into an office on Meyer East, which makes him available to Meyer offenders most of the time.

**DIXIE UNRUH, R.N. III**  
**Medical Services Supervisor**

## ACTIVITY THERAPY DEPARTMENT

The Activity Therapy Department consists of one Activity Therapist II (supervisor), one Activity Therapist I, four Activity Specialists, and two Activity Therapy Technicians.

The department continues to offer a variety of on-campus activities. Effective July of 1996, off-campus activities were discontinued due to House Bill 2900 Section #138(d). As of that date, we discontinued offender talk panels, bowling trips, nursing home (Meadowbrook Manor) volunteer work, and numerous outings that took place on a regular basis.

The Activity Therapy Department developed mandatory gym times for three of the units. This has been very difficult due to limited times that were available due to the sharing of the gym, pool, and weights area with Larned State Hospital. With much thought, a department member suggested early morning gym times if the gym was not available in the evenings. Therefore, a 5:30-6:30 a.m. slot was developed for Sellers building. Another time slot was utilized at 3:00 p.m. for Meyer East building and a 5:00-6:00 p.m. time slot for Allen building. Calisthenics are required, followed by a group activity of the day consisting of weight lifting, swimming, or team sports; this has worked well for the therapist and the residents. Residents that are not in attendance at these times are offered on-unit exercises daily.

The intramural program has been successful consisting of tournaments and exhibition games. Other intramurals were five-on-five basketball, volleyball, softball, badminton, frisbee golf, water polo, shuffleboard, three-on-three basketball, touch-pass football, Iron Man endurance test, and soccer. Sports Management classes participated in these tournaments by learning to set up brackets and drawing up rules for the particular game. Fantasy Football was also a big favorite in the Sports Management classes.

The on-unit video program increased this year due to not being able to go into the community to the movie theater. Residents appear to enjoy the movies that are shown. We are restricted to only show G and PG rated movies due to the majority of the residents being under 18. Along with the licensure program for videos, the Larned Juvenile Correction Facility has purchased movies that are classics and favorites of the youth.

School breaks during the year appeared to be more hectic due to not having community activities, but there were many highlights and improvements as the year progressed. Some of the highlights included barbecues, tournaments, bingo, softball, cultural diversity events, treats from Dairy Queen, on-unit art projects, art contests, and billiards and ping-pong tournaments. Games were purchased over the December break with each unit receiving 28 games to be utilized over the next year. Other events that took place over the break were track and field events, croquet, spades tournament, gym activities, swimming, weight lifting, team sports, and music listening. These are just a few of the events that took place over breaks. A wide variety of activities were offered to our residents with good results from a very creative department.

The Activity Therapy Department developed an Orientation Class for Meyer West residents. Expectations and general values of each area were compiled for game rooms, gym, weight lifting, swimming, table games, all equipment, and mandatory weekday gym for Allen, Sellers, and Meyer East. This provides residents with knowledge of what will be expected by them when they reach their prospective unit.

Libraries were organized for each unit from books that were donated from volunteers.

Larned State Hospital conducted an annual training for all lifeguards. All YCAL lifeguards completed the three hours of training; rescue equipment was demonstrated, and lifeguard duties and rescue tactics were reviewed.

Activity Therapy staff demonstrated their cohesiveness and initiative in making sure the department ran smoothly in the absence of the department supervisor, who was on a medical leave during part of this year. Much dedication, care, and support was observed during this time.

Revisions were completed for the department manual. Many hours were spent revising policy and adding new policies with contributions and ideas from each member of the department. The final result was a policy manual that looked very professional and will be a compliment to the Youth Center's program.

Major construction this year of the Activity Therapy Gym and Pool area made it a challenge to hold activities in this area. It was necessary for the department to decrease the number of residents participating in order to maintain safety and security, due to tools, equipment, and other items being in the area.

Many changes occurred this year with the department adapting to the change and using creative and innovative techniques to contribute to the total organization of YCAL.

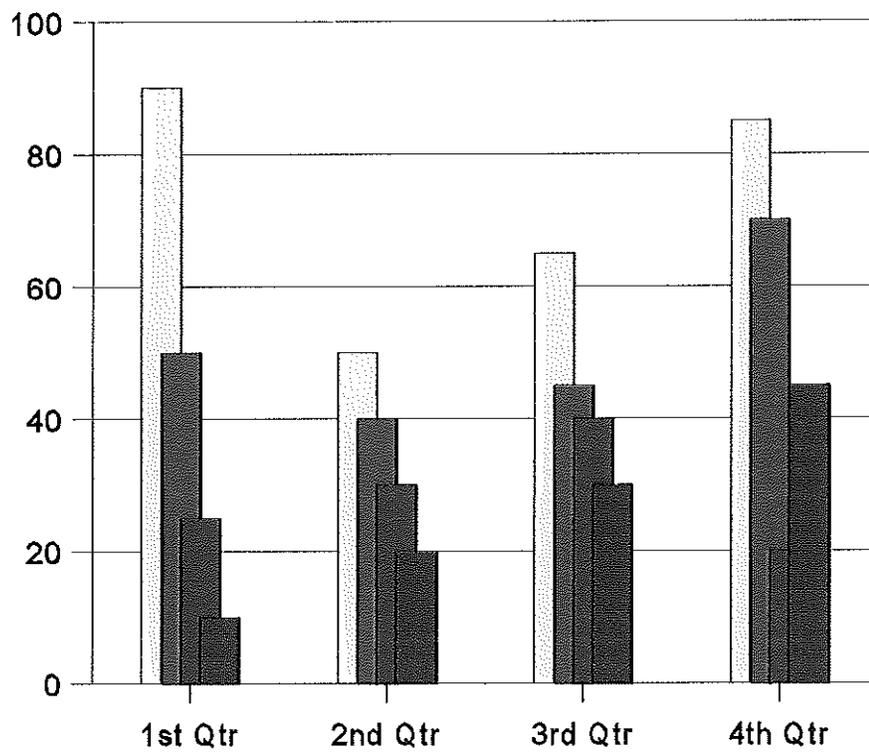
The following are the monthly contact hours that the Activity Therapy staff had with residents:

	1996		1997
July	10,047	January	16,597
August	14,472	February	17,447
September	13,394	March	16,838
October	15,138	April	15,388
November	13,467	May	14,537
December	16,597	June	13,620

For Fiscal Year 1997, the Activity Therapy Department logged 177,542 resident contact hours. This is an increase of 85,991 from Fiscal Year 1996. The increase of such a dramatic number is due to mandatory gym times and expanded staff contact as a result of the curtailment of community activities.

**BECKY S. CARTER**  
*Activity Therapist II*

# Youth Center at Larned



---

# STATISTICS

---

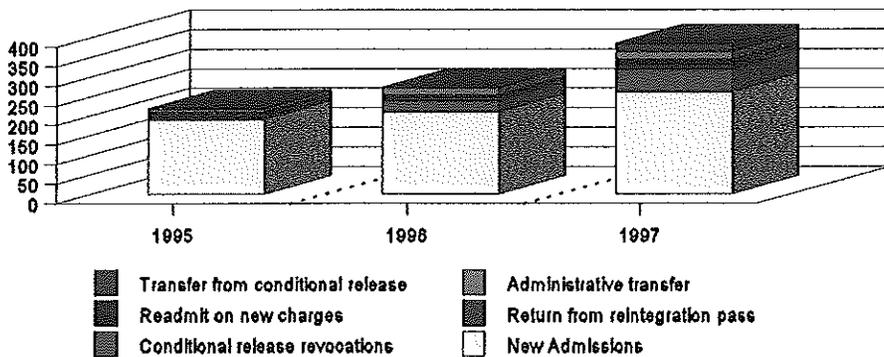
# ADMISSIONS

<i>FISCAL YEAR</i>	<i>1995</i>	<i>1996</i>	<i>1997</i>
<b>Conditional Release Revocations</b>	6	28	59
<b>Return from Reintegration Pass</b>	10	9	12
<b>Readmit on New Charges</b>	2	4	12
<b>Administrative Transfer</b>	10	20	21
<b>Transfers from Conditional Release</b>	0	0	19
<b>New Admissions</b>	192	212	261
<b>TOTALS</b>	<b>220</b>	<b>273</b>	<b>384</b>

The table above and the chart below display the number and types of admissions for the last three years.

## ADMISSIONS

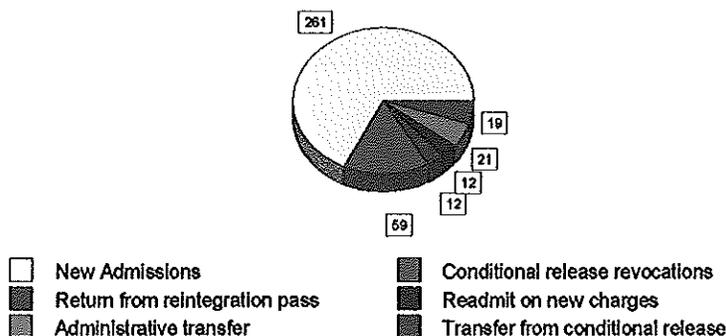
Three Fiscal Years



There has been a dramatic 71% increase in the number of admissions from Fiscal Year 1996 to 1997. This increase was particularly evident for new admissions, conditional release revocations for technical violations and transfers from conditional release from other youth centers. Readmits for offenders with new charges also realized a sharp increase.

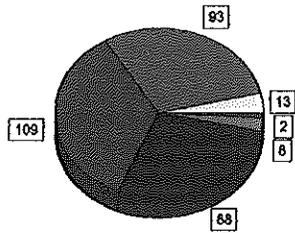
## 1997 ADMISSIONS

Types



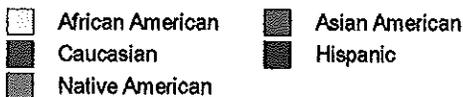
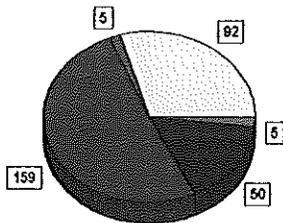
The pie chart displays the types of admissions for 1997. The vast majority were first timers to a youth center.

## AGE AT ADMISSION



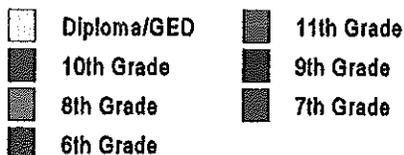
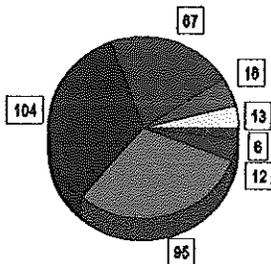
The pie chart to the left displays a break down of the ages of those offenders admitted to the Youth Center for the Fiscal Year. The vast majority were sixteen and seventeen. The average age of offenders admitted was 16 years 2 months.

## Ethnic Group



The ethnicity of the offenders committed was predominately Caucasian although there was a disproportionately high number of minorities admitted. The percent of minorities admitted is much higher than the respective percent of 13 through 18-year-olds in the States general population.

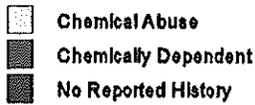
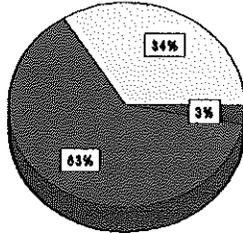
## Education At Admission



Although the majority of offenders admitted to the Youth Center were 16 and 17-year-olds, the greatest number of offenders admitted were in the 9th grade followed by the 8th and 10th. Most offenders admitted are one to two years behind academically and have experienced problems at school.

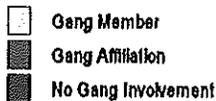
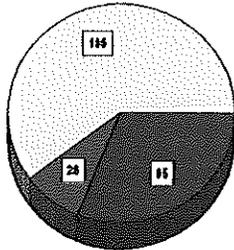
## Chemical Abuse

Percent Reported By New Admissions



The pie chart to the left reveals a remarkably high (63) percentage of admissions with some chemical dependency. The essential feature of chemical dependency is a cluster of cognitive, behavioral, and physiological symptoms indicating continued use of a substance despite significant substance related problems. Issues increased levels of tolerance and withdrawal are usually present in dependency. Thirty four percent of the admissions displayed some chemical abuse which manifested itself in a maladaptive pattern of substance use which resulted in significant adverse consequences related to repeated use of substances.

## Gang Involvement



Most offenders admitted were gang members. A percentage were identified as affiliates which means that they are not a formal member but associated with others who belong to a gang or gangs. Gang offenders come from all parts of the State and are not restricted to the metropolitan areas.

# COMMITMENTS

## Committing Counties

SEDGWICK	92	WYANDOTTE	49	JOHNSON	22	SHAWNEE	19
FINNEY	18	RENO	17	FORD	15	SALINE	15
LYON	12	BUTLER	11	SEWARD	11	COWLEY	9
BARTON	8	GEARY	7	SUMNER	7	LEAVENWORTH	6
HARVEY	5	DOUGLAS	4	WILSON	4	LABETTE	4
CHEROKEE	4	MONTGOMERY	4	SCOTT	3	DICKINSON	3
JEFFERSON	3	MIAMI	3	PRATT	3	RILEY	3
FRANKLIN	2	SHERMAN	2	COFFEY	2	ELLSWORTH	1
MARION	1	KIOWA	1	GREENWOOD	1	TREGO	1
EDWARDS	1	RICE	1	THOMAS	1	KEARNY	1
CRAWFORD	1	CHAUTAUQUA	1	RAWLINS	1	GRANT	1
ALLEN	1	REPUBLIC	1	MARION	1	NEMAHA	1

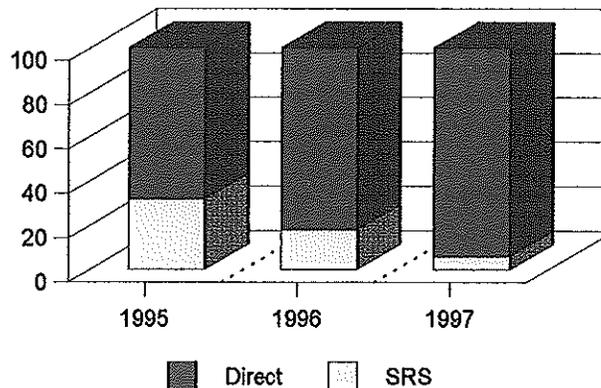
The table above shows the number of offenders committed from each county in the State. As would be expected, most of the admissions came from the metropolitan areas.

	1995	1996	1997
<b>SRS</b>	65	38	19
<b>Direct</b>	139	174	294

This chart and table shows the number of offenders committed to the Secretary of SRS for placement and the number of offenders directly committed to the Youth Center At Larned. A comparison of the last three Fiscal Years indicates a remarkable increase in the percentage of offenders directly committed. In 1995 approximately 68% of the offenders were directly committed but in 1996, 94% were direct commitments.

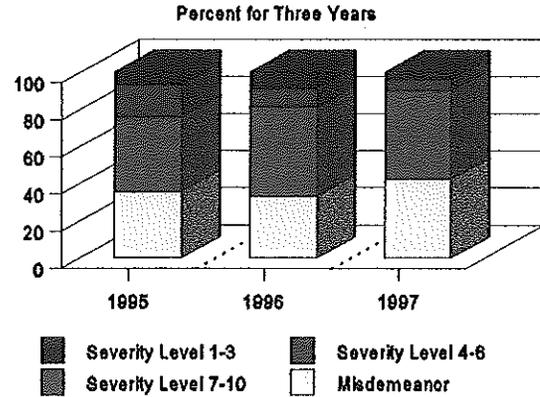
## TYPE OF COMMITMENT

Percents for Last Three Years



	1995	1996	1997
<i>Misdemeanor</i>	73	71	133
<i>Severity Level 7-10</i>	82	102	149
<i>Severity Level 4-6</i>	36	21	19
<i>Severity Level 1-3</i>	13	18	12

## OFFENSE CATEGORY



The chart above and bar graph to the right of the page display the various offense categories for those offenders committed to the Youth Center At Larned.

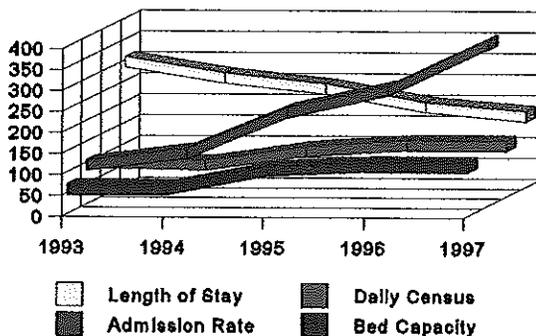
Fiscal Year 1997 experienced an increase in the number of offenders committed on misdemeanors and lessor felonies (severity level 7-10) and fewer commitments for violent offenses. The bar graph presents these numbers in comparative percentages. In 1995, 24% of commitments were for violence offenses (severity level 1-6) compared to 10% in 1997.

## LENGTH OF STAY

<i>Fiscal Year</i>	<i>1993</i>	<i>1994</i>	<i>1995</i>	<i>1996</i>	<i>1997</i>
<i>Length of Stay</i>	294	256	230	187	167
<i>Daily Census</i>	77	72	105	120	120
<i>Admission Rate</i>	94	123	220	273	384
<i>Bed Capacity</i>	60	60	105	116	116

### LENGTH OF STAY

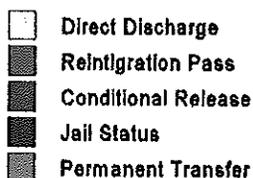
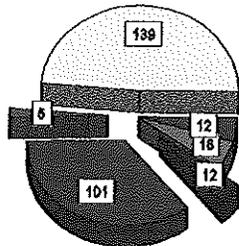
Five Year Trend



This data shows the length of stay for Fiscal 1997 and compares it to previous years. Both the chart and graph show a dramatic increase in the number of admissions and a corresponding decline in the length of stay over the last five years. As is displayed, the daily census has held steady with rated bed space capacity. The jump from 1995 to 1996 is reflective of an expansion in which the Youth Center doubled in size by incorporating two new units to handle the population demands of juvenile facilities. The Youth Center At Larned has had to shorten its length of stay to accommodate the dramatic

increases in admissions. In Fiscal Year 1997, the facility developed a short term program of 90 days to try and deal with the high number of admissions for minor offenses.

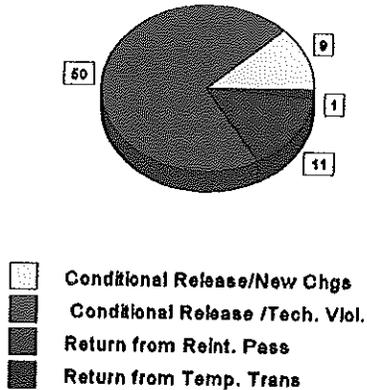
### Type of Discharge



The pie chart to the right shows the type of discharges for the Fiscal Year. The majority of discharges take place directly from the Facility followed closely by discharges off of conditional release. The number of direct discharges is high because many offenders placed on conditional release do not achieve discharge but are rather returned to the Facility, as is indicated on the graphs on the next page dealing with recidivism.

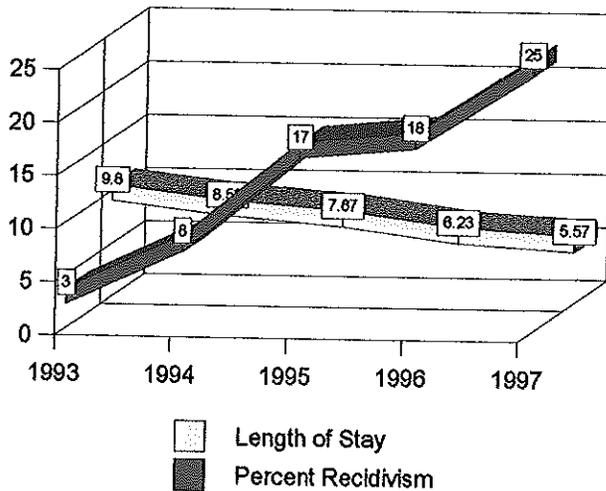
# RECIDIVISM

Recidivism FY 1997



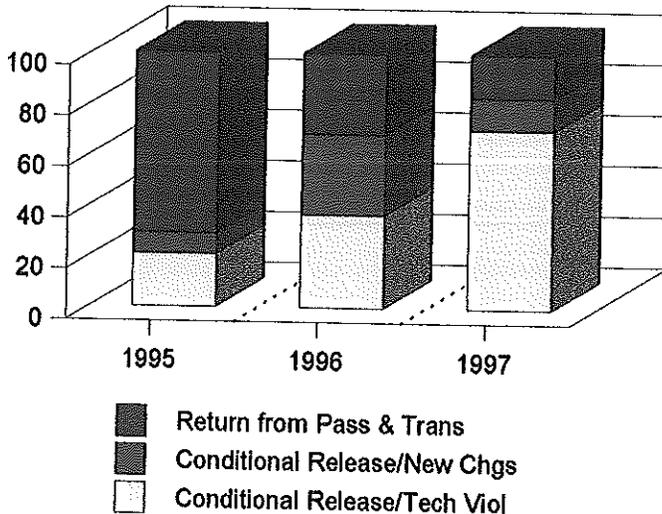
The pie chart to the left shows the various reasons for returning offenders to the Facility from their conditional release. The vast majority are returned for failure to comply with some condition of their release contract. Only 9 out of 71 were returned on the basis of a new offense. Some were returned from reintegration passes usually consisting of some aftercare treatment program or group home.

Recidivism Contrasted with Length of Stay



This line graph shows that as the length of stay shortens, the percent of recidivists goes up. Here recidivism rate is based on percent of returnees from number of releases. The recidivism rate for 1997 was 25%.

Percent of Types of Returnees



The bar graph shows a dramatic increase in the percentage of offenders returned to the Youth Center At Larned due to violations of conditions of their release.